

MENU

BREAKFAST

Bacon & Egg English Muffin (g/f option online)	\$6.50
Avocado & Fetta Bagel V	\$6.50
Toasted Mini Brekky Wrap Ham & Cheese (g/f option online)	\$3.20
Toasted Mini Brekky Wrap Cheese V (g/f option online)	\$3.20
Hashbrown g/f	\$1.50
Pancakes with Maple Syrup	\$4.00
Yoghurt Granola cup with Berry Compote	\$3.60
Yoghurt cup with Berry Compote g/f	\$3.60
Watermelon Deli Cups g/f	\$3.30
Warmed Ham & Cheese Croissant (g/f option online)	\$4.50
Warmed Cheese Croissant V (g/f option online)	\$4.50
Mega Wrap (Egg, Bacon, Cheese, Hashbrown) (g/f option online)	\$6.20

CAFE SELECTION		
	Sml	Reg
Latte, cappuccino, Flat White, Chai	\$4.90	\$5.20
Mocha	\$5.30	\$5.70
Short Black	\$3.50	
Hot Chocolate	\$4.90	\$5.20
Iced Coffee	\$5.10	\$5.80
Extra Shot	\$0.50	\$0.50
Soy, Lactose Free	\$0.50	\$0.50
Tea (premium SerinTea - Green, English Breakfast, Peppermint)		\$3.00
Long Black	\$4.00	
Piccolo	\$4.00	
Matcha Latte (hot)	\$6.00	\$6.50
Iced Matcha Latte	\$6.00	\$6.50

Cafe de Lourdes

HOT LUNCH	
Cheesy Naan Bread V	\$3.70
Garlic Bread V	\$3.70
Macaroni Cheese (g/f option online)	\$6.20
Pasta Bolognaise	\$6.30
Steak & Cheese Pie	\$6.00
Chicken Wedges	\$4.40
Beef Lasagna (g/f option online)	\$6.90
Spinach Ricotta Roll V	\$6.00
Sausage Roll	\$6.00

SUSHI	
Teriyaki Chicken	\$4.80
Avocard Cucumber V	\$4.80
Chicken Schnitzel w Avocado	\$4..80
8 pc Cut Baby Roll Teriyaki Chicken	\$5.50
8 pc Cut Baby Roll Avocado V	\$5.50

SALADS	
Traditional Caesar Salad	\$6.00
Greek Salad	\$6.50
House Pesto Salad	\$6.00
Garden Salad (add your meat of choice at pre-order)	\$6.50
Fresh Watermelon CUPS	\$3.30

SANDWICHES	
Vegemite or Cheese	\$3.00
Egg & Lettuce	\$5.00
Chicken Ham or Tuna	\$5.00
Chicken Lettuce Mayo	\$5.50
Cheese & Tomato V	\$4.50
Ham & Cheese	\$5.50
Ham, Cheese, tomato	\$5.50
Salad (incl. lettuce, tomato, carrot cheese) V	\$5.50
Chicken Caesar Salad Wrap	\$6.40

DAILY LUNCH SPECIALS	
Monday	
Gnocchi in Tomato Herb Cream Sauce with Cheese (V/gf)	\$6.50
Tuesday	
Chicken Twistup	\$5.20
Wednesday	
Beef Nachos w Guacamole & Sour Cream g/f	\$7.00
Thursday	
Aussie Beef Burger	\$8.00
Friday	
Butter Chicken & Rice g/f & nut free	\$6.50

COLD DRINKS	
Flavoured Milk 300ml	\$3.20
Flavoured Milk 500ml	\$4.90
Up & Go	\$3.40
Water 600ml	\$2.20
Water 250ml	\$1.50
100% Juice Popper	\$3.00
Waterfords (Orange Passionfruit & Tahitian Lime)	\$3.60
Orchy Orange Juice 250ml	\$3.50
Orchy Apple Juice 250ml	\$3.50
Emma & Toms Juice (Karma Rama, Green Power, Apple & Mango)	\$5.00
Emma & Toms Peach Iced Tea	\$4.00
Emma & Toms Old Fashioned Lemonade	\$5.00

FROZEN TREATS	
Frozen Juicy Cup	\$2.00
Cadbury Caramilk	\$5.00
Maxibon	\$5.00
Dixie Cup	\$3.00
Drumstick Mini	\$2.80
Lifesavers	\$3.50
Frosty Fruits	\$3.50
Milo Cups	\$5.00
Twisted Frozen Yoghurt	\$3.50
Icy Pole	\$1.90