

MENU

Cafe de Lourdes

JUNIOR SCHOOL

BREAKFAST

Bacon & Egg English Muffin (g/f option online)	\$6.50
Avocado Fetta Bagel V	6.50
Toasted Mini Brekky Wrap Ham & Cheese (g/f option online)	\$3.20
Toasted Mini Brekky Wrap Cheese V (g/f option online)	\$3.20
Hashbrown g/f	\$1.50
Pancakes with Maple Syrup	\$4.00
Yoghurt Granola cup with Berry Compote	\$3.60
Yoghurt cup with Berry Compote g/f	\$3.60
Watermelon Fruit Deli Cups g/f	\$3.30
Warmed Ham & Cheese Croissant (g/f option online)	\$4.50
Warmed Cheese Croissant V (g/f option online)	\$4.50
Mega Wrap (Egg, Bacon, Cheese, Hashbrown) (g/f option online)	\$6.20

HOT LUNCH

Cheesy Naan Bread V	\$3.70
Macaroni Cheese (g/f option online)	\$6.20
Pasta Bolognaise	\$6.30
Steak & Cheese Pie	\$6.00
Garlic Bread	\$3.70
Beef Lasagna (g/f option online)	\$6.90
Chiicken Wedges	\$4.40
Sausage Roll	\$6.00
Spinach Ricotta Roll V	\$6.00

SUSHI

Teriyaki Chicken	\$4.8
Chicken Schnitzel w Avocado	\$4.80
Avocado Cucumber V	\$4.80
8 pc Cut Baby Roll Teriyaki Chicken	\$5.80
8 pc Cut Baby Roll Avocado V	\$5.80

SALAD & FRUIT

Watermelon Cup	\$3.30
Small Garden Salad w Cheese	\$5.00
Small Garden Salad with Ham	\$5.00
Small Garden Salad with Chicken	\$5.00
Small Garden Salad with Egg	\$5.00
Greek Salad	\$5.00
House Pesto Salad	\$6.00

SANDWICHES POINTS

Vegemite or Cheese	\$3.00
Egg & Lettuce	\$4.80
Chicken Ham or Tuna	\$5.00
Chicken Lettuce Mayo	\$5.50
Cheese & Tomato V	\$4.50
Ham & Cheese	\$5.50
Ham, Cheese, tomato	\$5.50
Salad (incl. lettuce, tomato, carrot cheese V	\$5.50
Chicken Caesar Salad Wrap	\$6.40

DAILY LUNCH SPECIALS

Monday	
Gnocchi in Tomato Herb Cream Sauce with Cheese (V/gf)	\$6.50
Tuesday	
Chicken Twistup	\$5.20
Wednesday	
Beef Nachos w Guacamole & Sour Cream g/f	\$7.00
Thursday	
Aussie Beef Burger	\$8.00
Friday	
Butter Chicken & Rice g/f & nut free	\$6.50

COLD DRINKS

Flavoured Milk 300ml	\$3.20
Flavoured Milk 500ml	\$4.90
Up & Go	\$3.40
Water 600ml	\$2.20
Water 250ml	\$1.50
100% Juice Popper	\$3.00
Waterfords (Orange Passionfruit & Tahitian Lime)	\$3.60
Orchy Orange Juice 250ml	\$3.50
Orchy Apple Juice 250ml	\$3.50
Emma & Toms Juice (Karma Rama, Green Power, Apple & Mango)	\$5.00
Emma & Toms Peach Iced Tea	\$4.00
Emma & Toms Old Fashioned Lemonade	\$5.00