



# Home Tips

## BEFORE YOUR LESSONS



Dress appropriately.  
College tracksuit or Sports  
House uniform is accepted.



Be Prepared.  
Make sure you have  
everything you need.



Minimise Distractions.  
No Phone, TV or unnecessary  
applications open.

## DURING YOUR LESSONS



Teams Meetings.  
Mute your microphone unless  
instructed by your teacher.



Ask Questions  
Use email or comments in a  
Teams or OneNote.



Remember to  
**SAVE YOUR WORK!**

## REMEMBER TO



Look after your Wellbeing.  
Take a break if you need one.



Eat and sleep well.  
Have snacks ready and drink  
plenty of water.



Contact your HPL teacher  
if you have any concerns.